



FINAL FACULTY SENATE APPROVAL ON MAY 9, 2017

MEMORANDUM

TO: Faculty Senate
FROM: Jack Kirby *JRK*
DATE: May 1, 2017
SUBJECT: Curriculum Proposal #16-17-20, REV #1
School Health Education

I recommend approval of the attached REVISION #1 of Curriculum Proposal 16-17-20. This proposal seeks to implement modifications to the current School Health Education B.A. degree program. The changes include general studies course selections, course description modifications, model schedule clarification, and replacement of the Pierpont owned Nutrition course.


Dr. Christina Lavorata
Dr. Carolyn Crislip-Tacy
Dr. Beverly Michael
Ms. Leslie Lovett
Ms. Laura Ransom
Dr. Shayne Gervais





MEMORANDUM

TO: Curriculum Committee

FROM: Jack Kirby 

DATE: April 21, 2017

SUBJECT: Curriculum Proposal #16-17-20
School Health Education

I recommend approval of the attached Curriculum Proposal 16-17-20. This proposal seeks to implement modifications to the current School Health Education B.A. degree program. The changes include general studies course selections, course description modifications, model schedule clarification, and replacement of the Pierpont owned Nutrition course.

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CURRICULUM PROPOSAL (Submit one hard copy and an electronic copy to the Associate Provost by the second Tuesday of the month.)

Proposal Number: 16-17-20

School/Department/Program: School of Education, Health & Human Performance/Health & Human Performance/School Health Education

Preparer/Contact Person: Dr. Beverly Michael

Telephone Extension: (304) 367-4274

Date Originally Submitted: 4-17-17

Revision (Indicate date and label it Revision #1, #2, etc.): 4-28-2017

Implementation Date Requested: Fall 2017

- I. **PROPOSAL.** Write a brief abstract, not exceeding 100 words, which describes the overall content of the proposal.

The purpose of this proposal is to implement modifications to the current School Health Education (SHE) B.A. degree program. These changes include: 1) SHE General Studies course selections modified to align with the Physical Education program of study. 2) incorporation of revised G.S. courses identifiers into the model schedule; 3) slight modifications in four course descriptions: HLTA 1110, 2210, 3310, and 3325; 4) an improved model schedule; and 5) replacement of a Pierpont owned Nutrition course (FOSM 1120) with a newly developed FSU owned Nutrition course (HLTA 1110).

Although SHE and PHED are stand-alone teacher preparation programs, their alignment allows candidates to complete both in a shorter time-span, with better employment opportunities upon program completion/graduation. The proposed changes will more efficiently prepare our School Health Education graduates for entry into the professional teaching field as most are working to complete dual teacher certifications since all fifty-five WV counties currently post job openings as dual Health and Physical Education placements.

- II. **DESCRIPTION OF THE PROPOSAL.** Provide a response for each letter, A-H, and for each Roman Numeral II–V. If any section does not apply to your proposal, reply N/A.

- A. Deletion of course(s) or credit(s) from program(s)
FOSM 1120 - Nutrition in Childhood and Adolescence (a Pierpont course)

Total hours 3 deleted.

- B. Addition of course(s) or credit(s) from program(s)
HLTA1110 – Nutrition (an FSU course)

Total hours 3 added.

- C. Provision for interchangeable use of course(s) with program(s)

- 1) Currently, SHE students are required to take “MATH 1107 or Math 1112” to meet Attribute 2. PROPOSED: recommend students take “MATH 1507/1407 or a higher MATH course within Attribute 2.”

- 2) Currently, SHE students are required to take “Any course” to meet Attribute #8.
PROPOSED: recommend students take “HIST 1107 or HIST 1108” to meet Attribute #8.
- 3) Currently, SHE students are required to take “PHIL 3325” to meet Attribute #9.
PROPOSED: recommend students take “SOCY 1110” to meet Attribute #9.
- 4) Currently, SHE students are required to take “Any course” to meet Attribute #11.”
PROPOSED: recommend students take “GEOG 2210 or GEOG 3315 or GEOG 3330” to meet Attribute #11.
- 5) Currently SHE students are required to take “Any course” to meet Attribute #13.
PROPOSED: recommend students take “HIST 1107 or HIST 1108” to meet Attribute #13.
- 6) Currently, SHE students are required to take “Any course” to meet Attribute #14.
PROPOSED: recommend students take “SOCY 1110” to meet Attribute #14.
- 7) Currently, SHE students are required to take “Any course” to meet Attribute #16.
PROPOSED: recommend students take “GEOG 2210 or GEOG 3315 or GEOG 3330” to meet Attribute #16.
- 8) Drop a Pierpont owned Nutrition course FOSM 1120, and replace it with an FSU owned Nutrition course, HLTA 1110.

D) Revision of course content. Include, as an appendix, a revised course description, written in complete sentences, suitable for use in the university catalog. **See Appendix D**

E) Other changes to existing courses such as changes to title, course number, and elective or required status. **See Appendix G for revised model schedule**

F) Creation of new course(s). For each new course

- 1) Designate the course number, title, units of credit, prerequisites (if any), ownership (FSU or shared) and specify its status as an elective or required course. If you are creating a shared course, attach a memo from the Deans of the affected Schools explaining the rationale for the course being shared.

NA

- 2) Include, as an appendix, a course description, written in complete sentences, suitable for use in the college catalog.

NA

- 3) Include, as an appendix, a detailed course outline consisting of at least two levels.

NA

- 4) In order to meet the requirements as outlined in Goal One of the Strategic Plan, please include Outcome Competencies and Methods of Assessment as an appendix. Examples are available upon request from the Chair of the Curriculum Committee.

NA

G) Attach an itemized summary of the present program(s) affected, if any, and of the proposed change(s).

1. Describe how this proposal affects the hours needed to complete this program. Specifically, what is the net gain or loss in hours? Use the format for Current and Proposed Programs in **Appendix A. There is no change in program hours**
2. Include proof that this proposal meets the degree definition policy (Board of Governor’s Policy #52) as part of the Proposed Program in **Appendix A.**
3. Exceptions to the degree definition policy: As per policy #52, programs seeking exceptions to any of the maximum credit hour limits must submit formal requests to the Board of Governors for approval. Explain the rationale for the exception by documenting the existence of one or more of the criteria in paragraph 4.2.

III. **RATIONALE FOR THE PROPOSAL.**

- A. **Quantitative Assessment:** Indicate the types of assessment data, i.e., surveys, interviews, capstone courses, projects, licensure exams, nationally-normed tests, locally developed measurements, accreditation reports, etc., that were collected and analyzed to determine that curricular changes were warranted. Quantitative data is preferred.

Students hoping to teach either School Health Education or Physical Education in WV are still required to hold licensure in both fields. Both programs are stand-alone programs and have recently undergone major revisions in order to meet the HEPC's 120-hour program mandate. Little in either program, can be trimmed while maintaining the rigor that facilitates high pass-rates for PRAXIS II licensure examinations. All Teacher Education candidates must complete 39 hours of Education coursework plus 30-hours in General Studies, then coursework in their major fields of study (School Health Education: 40 hours; Physical Education: 43 hours). An alignment of the General Studies requirements between these programs helps reduce the "potential" overall program completion hours from 182 to 152. This recommendation benefits our students who will now complete both programs of study with one set of recommended general studies courses.

- B. **Qualitative Assessment:** Based upon the assessment data above, indicate why a curricular change is justified. Indicate the expected results of the change. Be sure to include an estimate of the increased cost, or reduction in cost of implementation. FOR EXAMPLE: Will new faculty, facilities, equipment, or library materials be required?

To facilitate program completion for School Health Education specialists also pursuing licensure in Physical Education.

At this time, we do not anticipate an additional cost for facilities, equipment/technology, or library materials.

- IV. Should this proposal affect any course or program in another school, a memo must be sent to the Dean of each school impacted and a copy of the memo(s) must be included with this proposal. In addition, the Deans of the affected schools must sign below to indicate their notification of this proposal.

By signing here, you are indicating your college's/school's notification of this proposal.

College/School	Dean	Signature
School of Education, Health & Human Performance	Dr. Carolyn Crislip-Tacy , Dean; Office: 352 ED Phone: (304) 367-4241 FAX: (304) 367-4599 ccrisliptacy@fairmontstate.edu	

- V. Should this proposal affect any course to be added or deleted from the general studies requirements, a memo from the chair of the General Studies Committee indicating approval of the change must be included with this proposal.

- VI. **ADDITIONAL COMMENTS.**

APPENDIX A

Current Program - B.A. Degree in Health Education Teacher Education			
CURRENT Required Major Courses (Fall 2016)			HRS
HLTA 1150	Introduction to Health Education	3	
HLTA 2202	Community & Environmental Health	3	
HLTA 2203	Contemporary & Drug Behavior Issues (writing intensive)	3	
HLTA 2210	Disease Etiology	3	
HLTA 3310	School Health Content, Curricula, & Programming	3	
HLTA 3315	Healthy Sexuality	3	
HLTA 3325	Instructional Strategies & Planning in School Health	3	
HLTA 3355	Readings in Health Education	2	
HLTA 3360	Communication Techniques for Health Promotion	2	
HLTA 4400	Health Education in the Elementary School	3	
HLTA 4431	Methods & Materials in Teaching School Health Instruction	3	
FOSM 1120	Nutrition in Childhood & Adolescence	3	
PHED 2200	Accident Analysis & Emergency Care	2	
PHED 2211	Anatomy & Physiology	4	
TOTAL REQUIRED "SHE" MAJOR COURSES			40
CURRENT Required Teacher Education Courses (Fall 2016)			HRS
EDUC 2200	Intro to Education	3	
EDUC 2201	Instructional Technology	3	
EDUC 2203	Human Developmental Learning & Teaching	3	
EDUC 2240	High Incidence Disabilities for Educators	3	
EDUC 2260	Instructional Design 1	3	
EDUC 2265	Field Experience 2	1	
EDUC 3330	The Reading Process	3	
EDUC 3340	Instructional Design 2	3	
EDUC 3351	Inclusive Classroom Practices	3	
EDUC 3365	Field Experience 3	2	
EDUC 4485	Action Research	1	
EDUC 4486	Portfolio	1	
EDUC 4496	Student Teaching	10	

TOTAL REQUIRED TEACHER EDUCATION COURSES			39

CURRENT Required General Studies Courses (Fall 2016)			
Attribute 1 - Critical Analysis			
	ENGL 1102	Written English II (required)	3
Attribute 2 – Quantitative Literacy			
	MATH 1107 or MATH 1112	Fundamental Concepts of Math College Algebra	3
Attribute 3 – Written Communication			
	ENGL 1101	Written English I (required)	3
Attribute 4 – Teamwork			
	COMM 2200 or COMM 2201	Intro to Human Communications Intro to Group Communications	3
Attribute 5 – Information Literacy			
	EDUC 2201	Instructional Technology	X
Attribute 6 – Technology Literacy			
	EDUC 2201	Instructional Technology	X
Attribute 7 – Oral Communication			
	COMM 2200 or COMM 2201	Intro to Human Communication Intro to Group Communication	X - ID
Attribute 8 – Citizenship			
	Any course in 8		3
Attribute 9 – Ethics			
	PHIL 3325	Ethics	3
Attribute 10 – Health & Well-being			
	PHED 1100	Fitness & Wellness	2
Attribute 11 – Interdisciplinary & Lifelong Learning			
	Any course in 11		3-4
Attribute 12 – Fine Arts			
	Any course in 12		3
Attribute 13 – Humanities			
	Any course in 13		3
Attribute 14 – Social Science			
	Any course in 14		3
Attribute 15 – Natural Science			
	SCIE 1100 or SCIE 1110	Human Biology Chemistry of Life	4-5
Attribute 16 – Cultural Awareness & Human Dignity			
	Any course in 16		3
Writing Intensive Requirement			
	HLTA 2203	Contemporary & Drug Behavior Issues	X
Proficiency in the Major			
	EDUC 4496	Student Teaching	X
TOTAL Proposed General Studies Hours (minimum 30 “non-major” hours; maximum 48 hours)			39-41

APPENDIX B

Proposed Program - B.A. Degree in School Health Education

PROPOSED Required Major Courses (Fall 2017)		HRS	
HLTA 1110	Nutrition	3	
HLTA 1150	Introduction to Health Education	3	
HLTA 2202	Environmental Health	3	
HLTA 2203	Contemporary & Drug Behavior Issues (writing intensive)	3	
HLTA 2210	Disease Etiology	3	
HLTA 3310	School Health Content, Curricula & Programming	3	
HLTA 3315	Healthy Sexuality	3	
HLTA 3325	Instructional Strategies & Planning in School Health	3	
HLTA 3355	Readings in Health Education	2	
HLTA 3360	Communication Techniques for Health Promotion	2	
HLTA 4400	Health Education in the Elementary School	3	
HLTA 4431	Methods & Materials in School Health Instruction	3	
PHED 2200	Accident Analysis & Emergency Care	2	
PHED 2211	Anatomy & Physiology	4	
TOTAL REQUIRED SHE MAJOR COURSES		40	
CURRENT Required Teacher Education Courses		HRS	
EDUC 2200	Introduction to Education	3	
EDUC 2201	Instructional Technology	3	
EDUC 2203	Human Developmental Learning & Teaching	3	
EDUC 2240	High Incidence Disabilities for Educators	3	
EDUC 2260	Instructional Design 1	3	
EDUC 2265	Field Experience 2	1	
EDUC 3331	The Reading Process	3	
EDUC 3340	Instructional Design 2	3	
EDUC 3351	Inclusive Classroom Practices	3	
EDUC 3365	Field Experience 3	2	
EDUC 4485	Action Research	1	
EDUC 4486	Portfolio	1	
EDUC 4496	Student Teaching	10	
TOTAL REQUIRED EDUCATION COURSES		39	

PROPOSED Required General Studies Courses (Fall 2012)			
Attribute 1 - Critical Analysis			
	ENGL 1102	Written English II (required)	3
Attribute 2 – Quantitative Literacy			
	MATH 1507/1407 or a higher MATH course in A2	Fundamental Concepts of Math or a higher MATH course	3
Attribute 3 – Written Communication			
	ENGL 1101	Written English I (required)	3
Attribute 4 – Teamwork			
	COMM 2200 or COMM 2201	Intro to Human Communications Intro to Group Communications	3
Attribute 5 – Information Literacy			
	EDUC 2201	Instructional Technology	X
Attribute 6 – Technology Literacy			
	EDUC 2201	Instructional Technology	X

Attribute 7 – Oral Communication			
	COMM 2200 or COMM 2201	Intro to Human Communication Intro to Group Communication	X
Attribute 8 – Citizenship			
	HIST 1107 or HIST 1108	US History 1 US History 2	3
Attribute 9 – Ethics			
	SOCY 1110	Introductory Sociology	3
Attribute 10 – Health & Well-being			
	PHED 1100	Fitness & Wellness	2
Attribute 11 – Interdisciplinary & Lifelong Learning			
	GEOG 2210 or GEOG 3315 or GEOG 3330	Intro to Geography Urban Geography Geography of North America	3
Attribute 12 – Fine Arts			
	Any course in A12		3
Attribute 13 – Humanities			
	HIST 1107 or HIST 1108	US History 1 US History 2	X
Attribute 14 – Social Science			
	SOCY 1110	Introductory Sociology	X
Attribute 15 – Natural Science			
	SCIE 1100 or SCIE 1110	Human Biology Chemistry of Life	4
Attribute 16 – Cultural Awareness & Human Dignity			
	GEOG 2210 or GEOG 3315 or GEOG 3330	Intro to Geography Urban Geography Geography of North America	X
Writing Intensive Requirement			
requires PR of “C” or better in ENGL 1102	HLTA 2203	Contemporary & Drug Behavior Issues	X
Proficiency in the Major			
	EDUC 4496	Student Teaching	X
TOTAL Proposed General Studies Hours (minimum 30 “non-major” hours; maximum 48 hours)			30
Total Proposed School Health Education MAJOR Hours			
			40
Total Required Education Hours			
			39
TOTAL Free Electives			
			11
PROPOSED TOTAL Program Hours			
			120

APPENDIX C

Proposed School Health Education Program

Total Program Hours 40– will not require a minor

Core Courses

*** BOLD print indicates proposed changes**
(new courses, name change, renumbering to existing courses)

HLTA 1150 – Introduction to Health Education (3)

HLTA 1110 - Nutrition (3)

PHED 2200 – Accident Analysis & Emergency Care (2)

PHED 2211 – Anatomy & Physiology (4)

HLTA 2202 – Environmental Health (3)

HLTA 2203 – Contemporary & Drug Behavior Issues (3)

HLTA 2210 – Disease Etiology (3)

HLTA 3310 – School Health Content, Curricula, & Programming (3)

HLTA 3315 – Healthy Sexuality (3)

HLTA 3325 – Instructional Strategies & Planning in School Health (3)

HLTA 3355 – Readings in Health Education (2)

HLTA 3360 – Communication Techniques for Health Promotion (2)

HLTA 4400 – Health Education in the Elementary School (3)

HLTA 4431 - Methods & Materials in School Health Instruction (3)

APPENDIX D
Revised Course Descriptions (changes in BOLD)

HLTA 1110 Nutrition. 3 hrs. Required

This course examines the study of nutrients, their sources, and relationships to body functions. A study of each stage of the life cycle as it relates to changing nutritional requirements for individuals and family groups of varying cultural and economic levels is emphasized. Students will evaluate their daily nutritional intake against recommended daily allowances.

HLTA 2210 Disease Etiology. 3 credits. FSU course. Required.

This course provides students with content knowledge about social and behavioral causes of disease and that relationship to health. An introduction of disease types, diagnosis, methods of transmission, prevention, and treatment is emphasized. PR: HLTA 1150.

HLTA 3310 School Health Content, Curricula & Programming. 3 credits. FSU course. Required.

This course facilitates development of health education lesson building skills based on sound curricular design and contemporary needs and issues. An investigation of Health Education's diverse pedagogical content areas and rehearsal of instructional strategies is emphasized. Development and expansion of students' professional health education teaching philosophy targets the impact of the Whole School, Community, Child (WSCC) framework when implemented in the school setting. PR: HLTA 2202, HLTA 2210, and Admission to Teacher Education.

HLTA 3325 Instructional Strategies & Planning in School Health. 3 credits FSU course. Required.

This course cultivates the student's abilities to evaluate existing curricula and develop, plan, and organize an effective health education program based on the Whole School, Community, Child (WSCC) framework. Examinations of various pre K-adult Health curricula and the design of outcomes-based, developmentally appropriate instructional units is emphasized. PR: HLTA 3310.

NOTE: KEEP / No changes to descriptions for HLTA 1199, 1150 2202, 3315, 3355, 3360, 4400, 4431

APPENDIX G - Model Schedule

FRESHMAN FIRST SEMESTER

G.S. Attribute 3 Written Communication (ENGL 1101 Written English I)	3
G.S. Attribute 15 Natural Science (SCIE 1100 Human Biology or SCIE 1110 Chemistry of Life)	4
EDUC 2200 Introduction to Education	3
HLTA 1150 Intro to Health Education	3
HLTA 1110 Nutrition	3
	16 hours

FRESHMAN SECOND SEMESTER

G.S. Attribute 1 Critical Analysis (ENGL 1102 Written English II)	3
G.S. Attribute 2 Quantitative Literacy (MATH 1507/1407 Fundamental Concepts of Math or a higher MATH course within A2)	3
G.S. Attribute 4 Teamwork; G.S. Attribute 7 Oral Comm. (COMM 2200 Intro to Human Communication or COMM 2201 Intro to Group Communication)	3
G.S. Attribute 5 Info Literacy; G.S. Attribute 6 Techno Literacy (EDUC 2201 Instructional Technology)	3
G.S. Attribute 10 Health & Well-being (PHED1100 Fitness & Wellness)	2
PHED 2200 Accident Analysis & Emergency Care	2
Successful completion of Praxis 1 CORE Test in order to continue EDUC coursework	16 hours

SOPHOMORE FIRST SEMESTER

G.S. Attribute 12 Fine Arts (Any course from form A12)	3
EDUC 2203 Human Development, Learning & Teaching)	3
PHED 2211 Anatomy & Physiology	4
HLTA 2202 Environmental Health	3
HLTA 2210 Disease Etiology	3
	16 hours

SOPHOMORE SECOND SEMESTER

G.S. Attribute 11 Interdisciplinary & Lifelong Learning; G.S. Attribute 16 Cultural Awareness & Human dignity (GEOG 2210 Intro to Geography, GEOG 3315 Urban Geography, or GEOG 3330 Geography in N. America)	3
G.S. Attribute 9 Ethics; G.S. Attribute 14 Social Science (SOCY 1110 Intro to Sociology)	3
EDUC 2240 High Incidence Disabilities for Educators	3
HLTA 2203 Contemporary & Drug Behavior Issues	3
Elective coursework	4
	16 hours

JUNIOR FIRST SEMESTER

G.S. Attribute 8 Citizenship; G.S. Attribute 13 Humanities (HIST 1107 US History 1 or HIST 1108 US History 2)	3
EDUC 3331 Reading in the Content Areas	3
HLTA 3310 School Health Content, Curricula & Programming	3
HLTA 3315 Healthy Sexuality	3
Elective coursework	3
	15 hours

JUNIOR SECOND SEMESTER

EDUC 2260 Instructional Design I	3
EDUC 2265 Field Experience 2	1
HLTA 3325 Instructional Strategies & Planning in School Health	3
HLTA 3355 Readings in Health Education	2
HLTA 3360 Communication Techniques for Health Promotion	3
Elective Coursework	3
PRAXIS Exam #5551 School Health Education - Reminder	15 hours

SENIOR FIRST SEMESTER

EDUC 3340 Instructional Design II3
EDUC 3351 Inclusive Classroom Practices3
EDUC 3365 Field Experience 32
HLTA 4400 Health Education in the Elementary School3
HLTA 4431 Methods & Materials in School Health Education3

Successful completion of PRAXIS Exam #5551 School Health Education Prior to Student Teaching

14 hours

SENIOR SECOND SEMESTER

EDUC 4485 Action Research1
EDUC 4486 Portfolio1
EDUC 4496 Secondary Student Teaching)10

12 hours