

PHYSICAL EDUCATION

OVERVIEW OF THE PROGRAM:

The Physical Education program is a specialized program designed to prepare teacher candidates with the interdisciplinary knowledge to teach, motivate, and facilitate skillful movement, physical activity, and fitness in school, wellness, and sport-based environments. Teacher candidates learn to use and integrate instructional and movement analysis technology in a variety of education settings. The programs small class sizes allow teacher candidates to gain hands-on, real world learning experiences, and develop strong relationships with peers and faculty.

This degree includes varied course offerings focusing on specialized areas of study that integrate developmental physical education content and instructional strategies. The Physical Education curriculum is comprised of four areas of coursework: content, pedagogy, theory, and application. After meeting the Education program's entry-level requirements for admission into the teacher education, physical education majors complete their teacher training experience with a teaching practicum in the public schools. This program culminates with a Bachelor of Arts degree in Education that offers an instructional specialization in Physical Education, grades Pre-K-Adult.

All certified teacher candidates must complete general studies requirements, a core of professional education courses, and physical education course-work.

EMPLOYMENT OPPORTUNITIES:

"There are currently an estimated 20,600 physical education teachers in the United States. The physical education teacher job market is expected to grow by 9.7% between 2016 and 2026."

CareerExplorer. (2021, September 15). Job Market. Retrieved from CareerExplorer by soku: <https://www.careerexplorer.com/careers/physical-education-teacher/job-market/>

CONTACT INFORMATION

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[FAIRMONTSTATE.EDU/COLLEGE OF EHHP](https://www.fairmontstate.edu/collegeofehhp)



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**College of Education, Health &
Human Performance**



Physical Education teacher candidates will learn the theoretical and practical knowledge necessary to deliver a quality physical education program that impacts the well-being and quality of life of future generations.

Program graduates become leaders in physical activity and wellness, and are eligible for specialized national teaching certifications.

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PROGRAM REQUIREMENTS FOR TEACHER CERTIFICATION

Total Degree Requirements.....	123 Semester Hours
Physical Education PreK-Adult Program.....	53
Professional Education Courses.....	40
Core Curriculum Requirements.....	30
Free Electives	0

PHYSICAL EDUCATION PROGRAM REQUIREMENTS

- PHED 1100 Fitness & Wellness
- PHED 1121 Introductory Seminar in Human Movement
- PHED 2200 Accident Analysis & Emergency Care
- PHED 2211 Anatomy and Physiology
- PHED 2240 Outdoor Leisure Activities
- PHED 2241 Gymnastics and Dance
- PHED 2243 Teaching Team Passing Sports
- PHED 2244 Teaching Net/Wall Sports
- PHED 2246 Teaching Striking/Target Sports
- PHED 3310 Motor Behavior
- PHED 3312 Physiology of Exercise
- PHED 3323 Teaching Elementary Physical Education
- PHED 3325 Instructional Strategies
- PHED 3343 Adapted Physical Education Activities
- PHED 3350 Physical Activity and Fitness Education
- PHED 4431 Methods and Materials in Teaching
- HLTA 1150 Introduction to Health Education
- HLTA 2203 Contemporary Drugs & Behavior
- HLTA 3315 Healthy Sexuality

PHYSICAL EDUCATION CORE CURRICULUM SUGGESTIONS

- First Year Seminar (Outcome 1) SOAR 1100
- Written Communication (Outcome 2) ENGL 1101
- Written Communication (Outcome 2) ENGL1102
- Oral Communication (Outcome3) COMM 2200 or 2201
- Mathematics (Outcome 4) MATH 1407 or higher
- Humanities (Outcome 5) Any Course
- Fine Arts (Outcome 6) Any Course
- Natural Science (Outcome 7) SCIE1100
- Social Science (Outcome 8) PSYC 1101
- Citizenship (Outcome 9) HIST 1107 or 1108, or RECR 1141
- Personal Development (Outcome 10) PHED 1100

PROFESSIONAL EDUCATION PROGRAM REQUIREMENTS

- EDUC 2200 Introduction to Education
- EDUC 2220L Field Experience 1
- EDUC 2201 Instructional Technology
- EDUC 2203 Human Development, Learning and Teaching
- EDUC 2240 High Incidence Disabilities for Educators
- EDUC 2241 Field Experience 2
- EDUC 2260 Instructional Design I
- EDUC 2261 Field Experience 3
- EDUC 3331 Reading in the Content Areas
- EDUC 3334 Field Experience 4
- EDUC 3340 Instructional Design II
- EDUC 3341 Residency 1
- EDUC 4483 Residency 2
- EDUC 4480 Teacher Performance Assessment Seminar



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